

Rising Dragon Feng Shui
Promoting Peace, Love and Happiness Worldwide



Are you tired of feeling something is holding you back?

Feng Shui Essentials

The First Clear English Explanation of Unseen Forces

by Angela Ang



Feng Shui Essentials e-Book Edition

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Feng Shui Essentials

Chapter One - Secrets of Heaven and Earth - Revealed in Clear English!

Warning!

Please do not take this course unless you are serious about empowering yourself, getting inspired and motivated to change, finding blunt answers and be woken up from any rut you are in!!

During my course, you will find that the way I talk may not be what you have been used to and the reason for that is because I want to push you in the right direction, to get your change, literally. Have you ever read self help books on 'how to improve on XYZ' or 'how to be XYZ' only to find after you have read it, you never took action? You didn't take action because you forgot what was said or the writer did not make enough of an impact so that you remembered what you were doing it for in the first place!!!

If you really want change to happen, beating round the bush and softening how things are with sweet fluffy words never makes things happen. It would be so much easier for me to just use sweet fluffy words, but I won't because sweet fluffy words never helped me, it just keeps you blind and forever stuck in la-la land. So that's why I am going to tell it like it is!!

Everybody needs to be pushed because if not, then most people just stay in their comfort zone, and stay stuck! I don't want you to stay stuck I want to see you get results! So I will do whatever it takes to make you realise what is happening around you. If you have been in deep sleep, depression, denial, whatever you have been through, I want to wake you up!! And get you going again! During a house or business consultations, that is what I do for people. I ask them what they want to change and I use all my skills to get them there. That is what I want to do for you. So if I sound a bit harsh, or aggressive, I am doing it to push you and make you take action.

Ready to start?

Feng Shui Essentials

Hi there! Welcome to my starter course in Feng Shui. I'm Angela Ang, founder of Rising Dragon Feng Shui, and I've been fascinated for years as to why some people are so easily able to get where they want to be in life, while the rest struggle to lead an ordinary life, let alone extraordinary! My search for answers has seen me study under some of the greatest teachers of our times and to work with hundreds of people personally.

Many people say they want change and for things to get better but they never bother putting any effort into finding out what contributed to or caused their problems. Because they don't know what the cause is, they don't know what the cure is either! By taking this free course, you are one of the few who is bothering to do something instead of just moaning and staying stuck. Good for you! Knowledge is power and you have taken the first step, gaining knowledge, finding out the "whys", like why is this happening to me? Once you know why, you can learn "what to do about it" and take action, checking your own environment and seeing how all this applies to you.

My first question is why are you here? What do you want to happen in your life? Is there anything you are really unhappy about or you don't want to put up with anymore and want to change? Think about it...

Exercise 1: What Do You Want To Happen In Your Life?

- ☐ Do you want to have more energy?
- ☐ More love and harmony in your family life and love life?
- ☐ Need more wealth to come your way?
- ☐ If you feel you have been stuck in a rut, do you want to get out and move on?
- ☐ Do you want to stop waking up tired everyday, fed up of always getting unrevitalising sleep?
- ☐ Want to stop self sabotaging behaviour? That's knowing what you should do and not doing it!
- ☐ Want to have more control over your life, maybe better yourself and take it to the next level?

What Did You Tick?

- ☑ *Do you want to have more energy?* If you really want to achieve in life, you need more than will power, you need to have the energy to do it! Energy is your fuel for life! Think about it, how many times have you cancelled going to the gym or going out because you felt tired (which is basically another word for no energy)?

Consistently not having enough energy to do the things you want is a sure way to never achieving your goals, consistently having low levels of energy is also a sign your body is not only not at peak performance, (that's an obvious one) but that its at low levels of performance. Long term, this can get serious. However, you won't need to worry if you are going to take action to change it, you will soon find out the many ways of getting an abundance of energy! Correct alignment of yourself in your space is the foundation and easiest place to start.

- ☑ *More love and harmony in your family life and love life?* No matter how much wealth a person has accumulated or status a person has gained, without feelings of love and connection in their lives, they will still feel lonely and incomplete. Humans are naturally sociable animals. Love is something that we actually need to feel completely happy. So many once-loving relationships have been ruined by couples tapping into argumentative energy. By using more advanced Feng Shui and divination methods, we can learn how to avoid it.

If you are one of those who keep suffering from nasty arguments, finding out how to activate a person's love and harmony direction will bring this to a close and bring things back to normal again.

- ☑ *Need more wealth to come your way?* It's difficult to feel secure if you are always living pay check to pay check and debts keep getting higher and higher. Often people work extremely hard only to still get nothing. Whether this is due to bad luck, having wealth leakage in the house or business premises, or doing the wrong things, like self-sabotage, having good Feng Shui can seal up the wealth leakage and change things around.

Having a wealth leakage is like trying to fill up a bath tub with the plug out. No matter how much money is coming in, it will go out just as fast.

Not having enough money is one of the most frustrating things that can happen in life, it's the source of so much worry and arguments. It's one of the top reasons why people come to Feng Shui.

- ☑ *If you feel you have been stuck in a rut, do you want to get out and move on?*
Definition of rut means staying still and feeling unhappy about it, you feel like you are swimming very hard but when you look you are just treading water and going no where. You are tired and always need motivation; even reading all those motivational books on life coaching is not helping you shift. Your relationship is going no where, your career is not what you want, and you don't even know what you want to do anymore or where you want to be. You just know you are tired of where you are and you need change.

You have come to the right place, stagnant Chi and dead Chi needs to be weeded out or in 6 months, 12 months, 3, 4, 5 years from now, you could still be doing exactly the same job you hate, except you are 5 years older.

How long have you been feeling stuck? Doesn't time go fast? That's why action is the most important thing or life will literally pass you by. Scary thought eh, but better do something about it now than when you are 20 years older.

If this thought really scares you then it means you know inside your heart you have got things you need to change, otherwise it won't bother you at all.

- ☑ *Do you want to stop waking up tired everyday, fed up of always getting unrevitalising sleep?* This is a most important aspect because you need to have good rest to have a good life! This cannot be compromised, because not only will you pay the price now but you will pay an even bigger price later.

A lot of people don't know how much better and happier their life would be because they have never experienced getting consistent refreshing sleep. If you can change this area of your life, your energy levels will naturally go up and your day at work will go a lot easier. I will explain this in more detail later.

- ☑ *Want to stop self sabotaging behaviour?* Do you know something is wrong but you still do it? Maybe it's something that you should be doing urgently, but that always get put off? Or perhaps it's something that you do often, but wish you didn't, like having pointless arguments or spending next month's pay this month? Do you feel bad after you have done it? If you know

something is bad for you and it makes you feel bad but you still do it, this is called self sabotage.

Self sabotage is destructive behaviour that hurts us. It could be procrastination, not keeping to your goals that you know will make you feel really good about yourself and make you feel happy, continuing a relationship that should have ended last year, what do you want to do but haven't done? How long has this been going on for? Do you stop in your tracks just as you are about to finish doing something really important, so it doesn't get finished? Makes you get cheesed off at yourself, doesn't it?

Do you ask yourself why do I always do this? When you find the answer why, it will be the first step to stopping self sabotage, not only for you but also for your husband/boyfriend/loved one who is sabotaging themselves.

- ☑ *Want to have more control over your life, maybe better yourself and take it to the next level?* If you are an upwardly mobile person, then this is for you! Prevention is always better than the cure. By knowing what is going to happen, you can anticipate changes that occur and be prepared for it. There is a big difference between those with insight and those without. Having positive Feng Shui is one of the best tools for helping people become the best that you can be!

Using traditional methods of Feng Shui is one of the best and easiest ways of making your life better and more comfortable for you. Why? Because changing your space is a lot easier than changing the other aspects of influence. Your home and your office are the places where you will spend at least 8 hours a day. So wouldn't you want to make sure that you are living in an environment that is supporting you rather than dragging you down? Your environment can influence you a lot more than you think!

Think about this, in your house, are there certain rooms you feel more comfortable in than another room? Well, why should it be that way? Isn't it just bricks and mortar? A room is just a room... or is it?

Have you been to certain houses that just didn't feel right? You may not have been able to put your finger on it but something is wrong. If you already naturally feel some places feel easier to work in than others, some places feel homely and some are downright depressing, then you know not all spaces built with concrete and mortar exude the same kind of feeling. If this were the case then, any place you go to should feel the same way, you should feel the same in every single room in your house and every single place. But it's just too obvious this is not so. This is part of

what a Feng Shui audit is about, being able to check the energy of buildings and spaces so that it will influence people the way they want to feel.

Blaming The Fat

Now this is an issue I see a lot of and the record needs to be set straight for my sisters out there! A lot of women think they cannot find a partner because they are fat. They think it's because they are not pretty or sexy enough, therefore they are destined to be alone. This is just not true, unless you want it to be true... I have met enough women who are slim, beautiful and intelligent who have not found a partner, where it is not due to how they look or how flat their stomach is, it's because they have literally been absorbing so much negative energy from their environment (without even knowing it). It's like they are wearing invisible perfume that smells like dog poo! When this happens to a woman, or a man, what happens is that they will find it very difficult to find a good relationship with the opposite sex. The people who do date them sooner or later just leave the relationship even when things seem to be going fine. Things just fizzle out and there goes another relationship down the drain! It just doesn't work and the person starts blaming themselves. Usually what also happens is that after absorbing these energies for many years, these women can become like a recluse or hermit, they won't like going out to socialise either which adds to the problem.

Oh, I hear someone who is already married ask, what about for couples? For couples, if both people are tapping into this dog poo energy, it's a marriage headed for divorce. Let's face it, people don't just wake up one day and decide to divorce, it happens because people lose passion for each other, they stop having sex or sex becomes more fun alone or with someone else because they just lost what they had in the beginning with their partner. People either clam up and stop talking or talk too much of the wrong things, irritating things, arguments. That is how and why people divorce because there is no more harmony and it is just not working anymore due to all the differences.

Even if they still love their partner, they know that love is going to fade if they never touch, they're always arguing and all sense of passion is dead like their sex life. How do I know all this? Because I have been there myself and so have my clients, so I speak from my heart when I say these things. This is one of my most passionate areas, helping people in their relationships.

Absorbing bad energy like this is truly dire because not only do they not have good relationships with their partner, they won't have a good relationship with themselves either. What does this mean you ask? What this means is that they don't feel happy about themselves. They don't wake up feeling good and happy about themselves. What a way to colour your world when you don't wake up feeling good and happy about yourself! Thank goodness this can be changed! I have consulted with people who went into deep depression due to absorption of the

wrong energies but after a correct adjustment in their space, they were out of it and are happy people again!

Sound scary? This is just the tip of the iceberg, as this is just to let you know what my course can offer, I won't spill all the beans yet! I want you to know that if any of this sounds like it might be happening to you, don't worry, I am here to help you! Learn more about this yourself first then make the moves needed. Prevention is often better than the cure; if you know what causes these things you don't need to go there.

Curious to find out more? Then let's start!

What is the Definition of Feng Shui?

Great! Let's start by understanding what Feng Shui is. I am sure by now you must have seen many TV shows talk about Feng Shui and the flow of energy, Yin and Yang, blah blah blah, but what does that really mean? When I see the explanation of Feng Shui so crude and off the point, it makes me want to cry....Let's set the record straight and clear the confusion shall we?



Me explaining Feng Shui live on the BBC Good Homes Show

Key Point

What is the definition of Feng Shui?

In plain English, I define Feng Shui as:

"The Cause and Effect of Energies in the Environment on you"

But hey, I hear you say, in the books, they say its "wind and water, and Chi flow and stuff like that, where does your definition fit in? "

You are right! In Chinese the literal translation of "*Feng*" means wind and "*Shui*" means water. However, it is flowery poetic language that captures a lot more than just that; wind means Chi and water is the Dragon's Blood; there's lots of hidden meaning in the name.

For example, it's like in English, if you call someone a dinosaur, it doesn't mean he is a really a dinosaur, it means he is more than old, he is ancient and stuck in his ways, and he is dying out, on his last legs, on his way to extinction.

Like if you say he is married to a battle axe, it doesn't mean he is married to a wooden stick with two axe blades stuck to it, it means he is married to someone who is nasty, aggressive, a person who, when upset will chop your head off, but will probably torture you first before killing you!

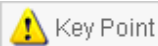
Instead of you having to decipher what the Feng Shui jargon means to you like what does "*Ho Hai*" direction mean or what is the "*Cheuh Ming*" direction mean, in the course I use a tell it like it is style to explain what it will mean to your love life, your career, your health so that it will be easy to understand and you can use it immediately.

From now on, when I say Feng Shui, please translate it into plain understandable English in your head as "the cause and effect of energies in the environment on you", pheww! What a mouthful!! Now do you know why we just call it Feng Shui in Chinese instead of such a long sentence? Starting to make more sense right?

Now we know the definition of Feng Shui, we can kill off one of the biggest misconceptions about Feng Shui.

Do You Have To Believe In It For It To Affect You?

Do you have to believe in Feng Shui for Feng Shui to affect you? No! Definitely not! Let me ask you this. Do you have to have studied gravity, know about it, in order to experience gravity? Do you have to believe in the laws of gravity in order for its effects good or bad to impact you? What goes up must come down, that's the law of gravity and if you don't believe it and jump off a cliff, adamant you are very special and these Universal laws will not apply to you, will you fall? Do certain things point South after a while even though we don't want it to nor believe the effects of gravity can be so cruel?



The dictionary provides us with the following definitions:

Science: 1. systematic study and knowledge of natural or physical phenomena. 2. branch of this knowledge. 3. skill or technique.

Research: systematic investigation to discover facts or collect information

People who have studied Feng Shui are people who study a science of the land and environment and what it causes. It's like Seismology (that's the study of earthquakes). The theories and formulas are based on scientific research, it means thousands of case studies have been done in many places and they can measure using their formulas and equipment. It's like people who are Astronomers; they study the sky, the orbit, patterns of where the planets are and what comet is flying where, for how long and when. Feng Shui is similar. There is a science to this! People who study and research Feng Shui are people who study the geography of the land, the effects of the geography of the land, the house on top of the land, the energy flow in the house, and how all of this affects the people who live in the house. It's deep and can be very complicated! Luckily for you, I have done the hard work for you by making my courses fun and easy so you don't have to be a geek like me to be able to figure it out!

You're Electric!

OK, so now that we know what the definition of Feng Shui is and the fact that it is not based on a system of belief, let's understand how does it work?

In a sentence, Feng Shui works on the cells and the electrical impulses in your body. It works by influencing your physiology and your psychology, how you feel and how you think. You don't have to believe in it (just like gravity doesn't need belief) however, it will affect how you think and feel and how other people treat you.

For example, let's do a quick and simple exercise. Ready?

OK, first, I want you to sit up straight

Next, take a deep breath.

Now take your right hand and make 3 big circles in front of your computer screen. Go on, do it now! You need to see if you get it, so do it now.

Now the question is this, what made you move your hand?

Q1: What Made You Move Your Hand?

- ☐ You told me to
- ☐ My hand
- ☐ My brain

Your brain made you do it. Now think about it, isn't your brain the powerhouse behind everything you do? Isn't the brain your internal computer that controls everything you do in life?

OK, great, now we are getting somewhere!

Answer another question, what happens after you have had two bottles of wine? Ok you don't drink wine, what about one bottle of Vodka or Bacardi? Ok, if you don't want to remember your last experience, then what happens to other people?

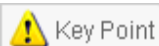
Q2: What Happened the Last Time You Got Really Drunk?

- ☐ Went all giggly
- ☐ Fell over
- ☐ Got depressed or angry
- ☐ Woke up... in the wrong bed, with the wrong person?

You bad person! I better make a note not to go drinking with you or crazy things might happen!

All of these things can happen but why? Why is it that people can do all these stupid things while they are drunk, like even falling down stairs and sustaining bodily injury or risking having regretful unprotected sex with strangers when they are drunk but it would not happen if they were sober? What is going on?

Here is the science! What really made you move is your brain sending electrical impulses down your hand and then your hand moves. Electrical impulses run around the Neural System into our Nervous System, where they cause action in our body.



What we are capable of doing and what we actually do is a totally different story

When you bite your tongue even though your boss has been a complete bastard to you so that you can save your job and pay your rent, (you know your electrical impulses are working) or when you sing and dance is all done via your brain sending electrical impulses down your arms and legs so that you can do all these functions. Everything is in ticking order.

However, when you are intoxicated by drugs or alcohol, these electrical impulses will no longer be ticking over the right way! It has lost its perfect timing in order for your synapses to receive them in correct sequence. When you are intoxicated by alcohol, your vision will be blurred, the guy who you thought had really bad teeth and looked like Frankenstein's brother at 8pm has turned to someone yummy by 1130pm after 3 hrs of drinking, your hearing can start monging because your electrical impulses are shot. That is how a lot of people can genuinely start doing really stupid regretful things because their brain is just not thinking straight anymore! The sequencing in the sending and receiving of signals is out of order! I am sure you can recall some accidents in the toilet when this has happened to you or someone you know! I remember what happened with my girlfriends! So when they get up in the morning and find they just spent the night with someone not their husband, or drove into their neighbours garden, now you know the scientific reason why!

Everybody knows what mistakes people can make on a drunken night out because it's easy to see. Too much alcohol in..... stupid behaviour comes out. Alcohol out of the body.....person back to normal.

The Ancient Secret of Yi-Chi-Jin

Drink and drugs are two well known ways in which the brain can become impaired, but magnetic energy which is present can distort electrical signals too – just ask any computer technician! What the ancient Chinese discovered is what people in the West are only just beginning realise today and that is that energies in the environment outside and inside our homes can change the way we feel and the way we think. And our entire life is built around what we think and feel, isn't it?

From when you are born, you will have your own type of magnetic energies. Each person will like different things and have a tendency to go towards a certain way of being. Think of magnetic energy as a pulling or magnetizing force field.

- ✓ *If magnetic forces are in harmony with you*, meaning you are in correct alignment with the natural forces in your environment then your own impulses will become stronger, your thoughts get sharper, your body heals quicker and you will exude magnetism – in plain English it means people will like you more in your workplace and in your personal relationships. (ie. Job interviews, people who get away with things because people just like them)

- ✗ *If magnetic forces are out of alignment with you*, they will create a pushing energy. This pushes on your electrical impulses distorting them and weakening them. When you are out of alignment, this type of pushing energy manifests and that's when you will be pushed around by people, being pushed around in life, you may even push yourself around and that's when you don't do things that you are supposed to do. Like good things you should do for yourself and want to do, but don'tthat's when you can end up doing self sabotage like doing things that you know is bad for you but you still do it.

- **What this means to you** is that the environment causes many subtle changes to our mental states. It changes little by little so you don't really notice it, but you are being influenced.
 - **And what that really means to you** is that if you can tap into those energies correctly, your mind can be brighter and more illuminated than a light bulb as the natural forces boost the power of your electrical impulses!

In Chinese this is called Yi - Chi - Jin. That means Mind (Yi) sending bioelectric impulses (Chi) to create action (Jin). When your mind is calm and your bioelectric impulses flow unimpaired, your actions will produce the desired results.

Let's Get Magnetised!

Have you played with magnets before? If you have ever played with two magnets before, then you will know that there are two sides that will always repel each other and two sides that always attract. Opposite poles (i.e. one North and one South side of the magnet) always attracts while same type (i.e. two North or two South sides) always repel each other.

If you have got wrong alignment, it's like you have got a repelling kind of energy keeping you away from your goals and stopping you from being able to save money, get good rest and things that are important to you. You really want it to happen and you have worked for it, but something is wrong, and you just are not getting it.

Think of it this way, imagine you have two magnets. One is 1x1 inch big, about the size of your thumb, another one is the size of your pillow. In the first example, I explained earlier that the North and North side of a magnet can repel each other, thus that feeling of repulsion. However, North and South sides of the two magnets will attract, right?

Now that you are certain that magnetic forces can also attract, you will agree with me that one magnetic energy can move another magnetic energy one way or another right? Are you still with me? The small 1 inch by 1 inch magnet has its own magnetic pull, and so does the other magnet the size of your pillow. Now, here is the million dollar question:

The small magnet is on a glass table. If the South side of the pillow size magnet was to get close to the small magnet on its South side also, will the small magnet be able to stay where it is or will it get pushed away?

Push away of course. Bingo!



When two same poles are facing, repulsion occurs. Look what happens to the iron fillings when this happens - they get pushed apart

Ok, now what if I was to try and use the South side of the big magnet to try and pick up the North side of the small magnet? Will it work? Yes, of course! With it being such a big magnet of course its magnetic field will be a lot stronger than the small magnet. It's like taking candy from a baby, too easy!



When opposite poles are together, attraction occurs. In this photo you can see how the iron fillings have made a well joined connection because of the harmonious magnetic forces.

Here's the biggest revelation for you!

What does this mean to you? The small magnet is you and the pillow size magnet is for example, your house. Because your force field is much smaller than that of your building, you are going to be subject to its field. Think of how much bigger the building that you live in is relative to you, so because the force field of the big magnet is so much bigger than you, whatever direction it wants to pull you, you will be influenced. If it pulls you into the argumentative direction you will become more argumentative, if it pulls your husband into a harmony and understanding direction, then he will listen more. Some houses are not good because their pull gives their occupants bad luck and lots of accidents.

Some houses are very good because the direction is towards growth and prosperity. Some are great for having good relationships and having children but bad for getting rich in. But its not even just about how the house looks, its about the energy inside the house, how the energy is inside each room and what direction you want to go in. That's why in a consultation, I don't look at just the house, I look at what direction you want to be going in life. Are you looking for a new relationship or looking to improve your health and energy? If you only care about getting rich, then it doesn't matter if your house is poor for relationships and vice versa. You got to know what you want first and then see if that energy can be aligned between you

and where you work or live to be one that will pull you in the direction in life that you want to be going! I hope this is all starting to make more and more sense. Read this over again if you are confused because it's very important that you understand this concept. Few people can explain how Feng Shui affects you in systematic unequivocal terms.

That is why it is very important to understand from the outset that Feng Shui is not a belief system. You don't need to believe in it or know about it in order for it to be working on you. Whatever is in your environment is already affecting you already before you even read any of this. It's not something that will only happen to Chinese people or something that only Chinese people can use. Yes, the Chinese have done the research to such an extent first but now, anyone can benefit from it.

When you study my courses, you will find out in detail even more things. I am explaining the science of it now, so that misconceptions about what is Feng Shui are cleared up.

Feng Shui Essentials

Quick recap!

Question: Remember what controls our thoughts and feelings?

Answer: Our Brain!

Question: How does our brain work?

Answer: Electrical impulses are sent through our nervous system.

Question: What affects electrical impulses?

Answer: Alcohol and drugs.

Question: What else affects our electrical impulses?

Answer: Magnetic forces.

Question: Why did I use the magnets example?

Answer: Because magnets have magnetic forces and anybody will know that.

Question: Where else do you have magnetic forces?

Answer: They naturally occur in our environment!

That's why if you live near a power substation you can guarantee that your whole body and your mind is being tampered with, that's why people living near places like that have such high rates of leukaemia. The cells in the body self sabotage and go into self destruct mode, ie. normal cells mutate into cancer cells that multiply and spread throughout their body. That is why in Feng Shui, we always teach people not to live in places where there is so much electrical energy. I hope by me explaining it in this way, you understand the very basics of how this works.

If you don't believe that magnets can affect electrical impulses then bring a magnet over to your computer guy at work and ask him, he will tell you. It will screw up your computer, the most important one, your mind. Read it over again until you get it. Because if you don't understand it now, you must be in real brain fog! You are not going to find a clearer explanation than this in English.

Do you ever wonder why some people just talk about their goals but they just don't seem to ever get round to doing it, or they just give up and forget it. I wonder why?

Maybe you could figure it out for me. If your goal was to become bilingual in Chinese, or learn how to be a computer programmer, or study for another course so that you can get a better job, are any of these goals something that can be learnt in just one day?

No.

Ok, how is it done then?

Step by step.

Week by week.

A little bit at a time

Consistency is the key

Yes, what is required is consistency. Instead of your brain just one day deciding on a goal, your brain has got to remember your goal every day or every week so that you consistently take action towards your goal. If you have got everything going well, you

will consistency take steps necessary towards what you want, your goal. However, if your brain feels like doing it one day, but two weeks later it cannot be bothered anymore, by the fifth week, it wants to do it but is already beating itself up for having wasted the last three weeks. By the sixth week, your brain has given up but inside your heart you wished you had done it because it would be done by now. Inside your heart you still want it but your brain doesn't do it so you get pissed off with yourself and just suffer.

What is this called? Incongruent behaviour. You want one thing but do another, not that you cannot do it but you don't do it. This is also what I call self sabotage. I believe a lot of self sabotage comes from wrong alignment of energies in the environment. The energies are flowing against you, that's why although you want to do it, you don't because it's like you are the little magnet but there is a big magnet pushing you away from your goals, or attracting magnetising you towards another direction where you don't want to be going.

That is why in Feng Shui, we talk about flowing with the energy, not fighting it because a little magnet fighting a big pillow size magnet is fighting a losing battle. Your energy field is too small and weak compared to not just your house but the energy of nature. Can you fight gale force winds? What about floods? So then isn't it easier to just seek safe shelter when you know the winds are going to come and come out again when it's over or build on land where it doesn't always flood? Feng Shui can really make life so much easier when you know what is going on. In the course, you can do it for the house, and also find out what energy is in each room but of course this must be learnt step by step too. When you are flowing the right way with the natural force fields, you can make it work for you instead of against you. Life would be so much easier.

Feng Shui Essentials

Chapter Two – Where Feng Shui Matters to You

How Do We Know This?

How do we know this is the case? How do we know this is the facts? Two words. Science and research. Feng Shui has been around for over 6,000 years. The theories which work behind it are a series of mathematical formulas which have been tested, research and verified accurate countless times. So when we say in Feng Shui $a + b = c$ what we are doing is referring to a statistical probability derived from researching the cause and effect of environmental energies. Let's look at an example. If someone jumps off the edge of a 50 ft cliff what happens? They fall, they break their legs, their neck and they die. Now how do we know that jumping off a 50 ft cliff equals death without having to try it out ourselves first? Simple. Enough people tried it that we can statistically say, that is in most cases, jumping off a 50 ft cliff will cause a very dangerous situation with death resulting. There may be one person out of every hundred who doesn't die instantly but suffer brain damage or become paralysed instead, but research shows that 99% of the time, death is the result.

Just like in research done for medicines like penicillin, in 95% of the population, they will get healed, but 5% will need another form of medicine. How do they know this, because they have tried it on rabbits first, and then humans. Then after many sample studies they know 95% of the population will fall in the general rule, 5% are exception to the rule. Same in Feng Shui, there are general rules and exceptions to the rules.

If you want to be good at this you must understand the definition of research – systematic investigation to discover facts or collect information. In Feng Shui we have thousands of years of this type of empirical research in which putting a person in such and such a type of environment has statistically been proven to produce such and such a result in the majority 85% or more of cases. Although the ancient Chinese didn't use modern words like electro-magnetic interference they did know that such forces existed. The Binary system was called Yin and Yang, the Hexadecimal system was Kua and unseen forces and bioelectricity were Chi. Nowadays scientists think they are very clever to talk of such things, but they really aren't new ideas at all. The great ancient civilisations used these building blocks of science and they knew how to conduct research to verify that their assertions were correct.

This is why I always say that I use Feng Shui to maximise the positive potentials in people and minimise the negative potentials. We all have our good sides and our bad sides, and we all have our potentials. Our ability to fulfil our true potentials and goals will have greater chances of success if we know what influences our minds and our bodies, how we feel. When we know what influences us, we can be the pilot of our plane and fly us where we want to go instead of being like a plane flown by a

drunken pilot with unclear destination. Who wants to be a jelly fish? Life is hard enough and nobody wants to be swimming upstream all the time. So if you want to succeed, you need to be starting at a plus point. That is what Feng Shui is used for.

And remember you heard this here from me Angela Ang first! Many sites out there copy us, and I am flattered, but remember where the source is. That way you won't be listening to Chinese Whispers!

Remember what I said earlier about what do you want to change in your life? Are you stuck in a rut, have terrible sleep, too many arguments in your relationships, self sabotage behaviour and although you know its wrong you keep on doing it, all that stuff you don't want.... Well, let's tie it all in here.

So you have tried all the conventional methods to change and make things better, but why are all these things still happening to you? Why do you do things you know are wrong, your brain says yes but your heart says no?

The answer: because you could be tapping into some really negative energy without even knowing it! That is why you could be trying really hard to do something but it doesn't work. You could be doing all the conventional things to have more energy like healthier eating, more exercise but it still doesn't work. You still have no energy. If you feel like you have got brain fog, or your thinking just isn't very clear, then that is a clear sign you have definitely been affected by some bad energies so you need to clear away the bad energies and start tapping into good energies instead.

Depending on how long you have been tapping into and absorbing these bad energies, the severity of the problem and how much brain fog you have will tell you. I will give you some real life examples for each area.

Health And Strange Illnesses

Using a real life example, there was a lady who was suffering from having low energies and being tired all the time. Even though she did not have to go out to work and was a rich stay at home housewife, she always had terrible sleep, rarely woke up refreshed and by 11am in the morning would need to lie down on the sofa because she was so tired.

This happened for 5 years, after the 5 years the woman developed chronic fatigue syndrome! Because she was so tired all the time, her once patient temperament faded and she became easily irritable and snappy at her husband and children. What can you expect from someone who felt tired all the time? Did her character and outlook on life change..?

When the Feng Shui of her home and her personal energies alignment were checked in detail, what was good or bad, specific to her, I found out that she had been tapping into her personal worst directions for all that time! It wasn't just one thing in her home that did it; it was a combination of things. The poor lady did not know. So from my view point, her body really took a beating from absorption of negative energies all that time until she got chronic fatigue syndrome. However, after she made some changes to her home environment, her chronic fatigue syndrome disappeared.

This is a real story! I have got the woman to prove it! This is just one of the things that positive cause and effect of the environment can do for a person. There are so many other illnesses like chronic blocked nose that Feng Shui can help with! I emphasize positive cause and effect because remember Feng Shui just like gravity isn't either good or bad in itself. The study of Feng Shui is the study of the energy and its effects on the occupants in the house. So when the Chinese people say someone has good Feng Shui in their house, it means that house causes good things to happen and when they say a house has bad Feng Shui, it means the house has got negative effects on its occupants.

When you start studying it, you could find out that you too have been tapping into bad energies, but hey at least then you can change and start tapping good energies instead! Who wants to be blind? Don't think that blindness is bliss. Things could be going well but then all of a sudden, BANG!! It hits you and things spin out of control. Remember, bad energy or good energy will build up over time. Being blind is what keeps people stuck. Not knowing can cause you so much pain, loneliness and bad luck, and knowledge can get you out of it, its no wonder Feng Shui is becoming more popular than ever. That is one of my personal reasons why I am so fascinated by Feng Shui, because it fulfils my quest for answers to what can give me an easier

and happier life? Why did I do things against myself? Now I know, I don't have to go there anymore.

If you think you may have got chronic fatigue syndrome or any other illness, of course, do see your doctor first and see what he says. He may tell you to change your diet, maybe take some medication or some other things but what if you still get tired so easily?

For that lady, she already did what her doctor told her but her energy levels did not improve that much. She was still tired all the time but when she tried something new like aligning her energies the way that is right for her in her particular type of house, bam! She was a changed woman; her body became full of energy! She did not have chronic fatigue anymore!

If you have got health problems and conventional cures haven't worked, maybe its time to look at it from a different perspective, find out what could be causing or contributing to the problem and what are other methods of curing it. The answers are all out there but don't expect for it to come chasing you. You have to find it too. Its your body and you only got 1 body, if you damage any part of it, that's it! You have got to live with that damaged heart or lung or whatever and suffer the consequences till you are old. Take care of yourself, just remember, prevention is the best cure but if you have got a problem already, don't sit on it and let it brew till it only gets worse. Take action now! Do your own research, look at your friends and family, do problems really go away or do they just brew and then one day blow up in your face one day when you least expect it?

If you have got the right Feng Shui, you will find that while everybody else is suffering from flu, getting sore throats, etc. your rates of sickness will be a lot less than what it use to be. This you gotta try it out for yourself to feel it for yourself. The issue of health and energy is a big one that I can go into great detail. But I am going to move onto the next topic.

Sex Drive and Libido

Having a regular satisfying sex life is one way to colour your life the "colour satisfied!" One of the best things being able to have proper alignment of you and your partner's energies in the home is having enhanced love making. However, the opposite, wrong alignment does just the opposite. The man will be like using a half charged electric toothbrush! It does the job, just, but can just stop halfway and not that good. In serious cases, the man will become impotent, the woman will be frigid and either sex can have fertility problems.

Let's be honest here, most of the time, if sex is just a chore or not that good anymore, the person will just forget it and not even bother. Isn't this sad but true? What a good thing to be missing out on in life. Thank goodness it doesn't have to be that way and things can be improved. I have written a very interesting article on this, check it out on my website. One little note, energy and having a body in full working order and fully charged battery greatly affects his and hers sex drive and passion. Safeguard yours.

The Balance Thing

You know why so many books go on about having balance?

- ☐ Because they have got nothing else to talk about?
- ☐ Because having balance in your relationship is important?
- ☐ Because having balance in yourself is important?
- ☐ Because being imbalanced leads to trouble?

It's true! Being balanced is vital to having a truly fulfilling life! Balance means that the man and woman are equals, if there is imbalance between the Dragon and the Tiger then you can have the man dominating the woman or no husband available in the woman's life! Too much imbalance! Being in balance means also that you can see things in perspective. Yes, being out of balance will make you have too much of one thing and not enough of another. That is why balance is so important.

Arguments and Bad Temper, Negative Emotions

Which one of this applies to you? Sounds familiar?

- ☐ My husband/wife/partner has got little patience, he has such a short fuse
- ☐ My husband is always snapping at me and looking for argument
- ☐ I have got little patience
- ☐ There is so much arguing in the house
- ☐ Communication has broken down

No matter who you are, doctor, preacher, science teacher, everybody has got a good and bad side. However, whether the more patient and understanding side comes out or the impatient and volcano side of a person comes out depends on what is being triggered. Which side of you is being pulled? It's like rubbing a cat the wrong and you can get scratched, rub it the right way and the cat will purr.

It is also true that there is no denying that everyone will have arguments from time to time, but if these arguments are not just from time to time, but getting serious and breaking up is on the horizon and being threatened, if communication is not the kind or tone it should be in, if mole hills keep turning into volcanoes, then check your Feng Shui! You can make things better! Certain rooms when activated by water in the wrong place or some other objects (not spilling all the beans yet!) will pull the trigger on people's bad sides. When these wrong activations keep triggering the wrong things in the occupants of the house, that's when you will see them losing control over their emotions and they will become irritable, argumentative and petty! Other types of triggers can make people sick, become creative and smart, rich, adulterous and even flirtatious!

Relationship With Yourself, How You Feel About Yourself

Do you ever say things like this to yourself?

- ☐ I have achieved so much in my life but I still don't feel right about myself
- ☐ I don't know why but I keep feeling empty inside and emotionally unbalanced
- ☐ I am lost, I don't know where I am going in life
- ☐ I am stuck in job where I am not appreciated but I don't know what else to do
- ☐ I don't love myself and treat myself badly

These feeling are not normal feelings. They are not good feelings. They are negative emotions that are sending you a signal. They signal, something is wrong, take action, make me feel better. Recognise the signal! Find the answer and those negative emotions will go and you will feel better! Especially if you are single, you are all you've got so take care of you.

Feng Shui Essentials

Chapter Three – Everything Else You Need to Know

You Keep Talking About Being in Alignment – What is Alignment?

Being out of alignment is like having a thorn stuck in your foot. Let's use an easy example. Let's compare this to our back. As we all know the backbone is fundamental to the human body. It holds our muscles in place, it is what gives us our posture and without it, we would be like a jelly fish unable to move or a writhing snake.

Everyone has a back bone and your backbone is made up of over 60 smaller bones called vertebrae. Each vertebrae sits on top of each other in perfect harmony. What if, one of the vertebrae was to slip out, so now your backbone (spine) is out of alignment, if this were to happen to someone what will happen? First of all I would think that he feels pain, he will feel uncomfortable, something isn't right but he might not know exactly what it is. Second, if he does not find out where this discomfort is coming from he will just put up with it and hope that it goes away.

He has got over 60 little vertebrae all up and down his spine, yet by just having one out of joint, he can feel very uncomfortable.

Say this person who has a little bone out of place is Olympic runner Linford Christie, if he had this happen to him and he was to go out running, would he be able to run and perform what he is capable of?

Yes?

No?

If he does not get this fixed, and this keeps causing him distress but he doesn't even know what is causing it,

Will he feel irritated faster?

Or slower?

Will his patience level with his wife and kids be more or less patience?

If he knows what he is capable of doing but he is not doing it, how will he feel about himself?

Will he be able to feel happy?

Or bad?

I hope by now, you understand how being out of alignment in your bodies energies can affect how you feel about others and about yourself. Until things are in correct alignment, it will feel like there is a thorn stuck somewhere but once its out and things are in place, its back to being able to be you the way you should be again.

Sometimes people ask me why is it people get different results using Feng Shui. To answer this, I always say that positive Feng Shui (positive cause and effect from the environmental energies) is to bring out the positive potentials of a person and to minimise the negative potentials. Feng Shui is used to help people to be the best that they can be.

Negative Feng Shui (negative cause and effect of the environmental energies) will bring out the worse in people. You will see their nice side come out 25% of the time, and 60% you will see their bad side, 15% of the time, you are walking on egg shells because you don't know what is happening in his head because he is just so unstable.

For example, you can have two twenty year old girls, both beautiful, both with perfect skin and both want to be models. However, one girl is only 5 feet 4 inches tall and slim build and the other is 6 feet tall and very slim. The girl who is only 5 feet 4 inches is too short to be a catwalk model, but she can be a catalogue model. The 6 feet tall girl is the right height to be catwalk model. That is each person doing what is best suited for their height.

How Can This Energy Thing Be So Powerful it can Create So Much Good or So Much Bad?

That is a big question! I can either give you a short answer or a long winded complete one. Let me give you the short answer. Have you heard of Iron Shirt Chi Kung before? That is a form of Chinese martial arts where they are able to use energy from their body make their chest literally hard like iron. Or make their head hard like iron. You can see live demonstration of this every year in London's Chinatown during Chinese New Year or during SENI - Europe's biggest martial arts exhibition held at NEC Arena Birmingham. A man who knows Iron Shirt Chi Gung can be hit in the stomach repeated with an axe or even hot burning iron on his stomach and he will not sustain any injury. Western science with all their advances cannot explain how this is possible, but like I always say, just because Western science, which is relatively a new thing compared with Eastern sciences, cannot explain does not mean these feats are not possible.

In Chinese medicine the use of herbal soups and drinks like use of proper whole ginseng (not the cheap tea bag version sold in supermarkets) is used for nourishing the Chi of the human body. This famous word Chi again has a lot of meaning to it. There's Sheng Chi, Sha Chi, Bing Chi and Wei Chi to name but a few. For my purposes of explaining it to you, Chi means a type of energy, life force. If the person's life force is strong, then they will have vibrant health even into their old age.

However, a person's life force is not strong just because you want it to be so. The ancients know that and so do Chinese people like me who understand "what is Chi". If you want to live a life where you are free from degenerating diseases, you are strong and healthy even into your 80s, you have to nourish your body from the inside and outside. You need to have good mental capacity, because your cells, your brains, your mind is the powerhouse that is going to get you to where you want to be.

Young people often take their good health for granted expecting to always have great health and just wanting drugs to cure their health problems. Drugs don't work. Drugs only hide the symptoms but the underlying problem is still there. You need to be emotionally happy and fulfilled to live a long and happy life as well. There is so much you can do and you can know from these systems that can greatly enhance your quality of life and happiness. And if you want a better quality of life, you have to make the effort to learn it.

I have been very lucky to have the background that I have and know about a variety of the Chinese arts and science but also a good command of the English language to be able to explain it in a way that Westerners can understand. I know there is a lot of confusion and misrepresentation of the subject because a lot of people wish to make a career as a consultant or a teacher and so assert their views as being the ultimate. There is a lot of arguing over who is traditional, who is for real and so on. Some seem to think they are God's gift to Feng Shui after they've made a website! I'm not keen on this type of thinking. I don't think anyone who is human is right 100% of the time and I don't claim to be myself. But I do know one thing for certain. Feng Shui isn't about me or how great I may think I am - it's about you.

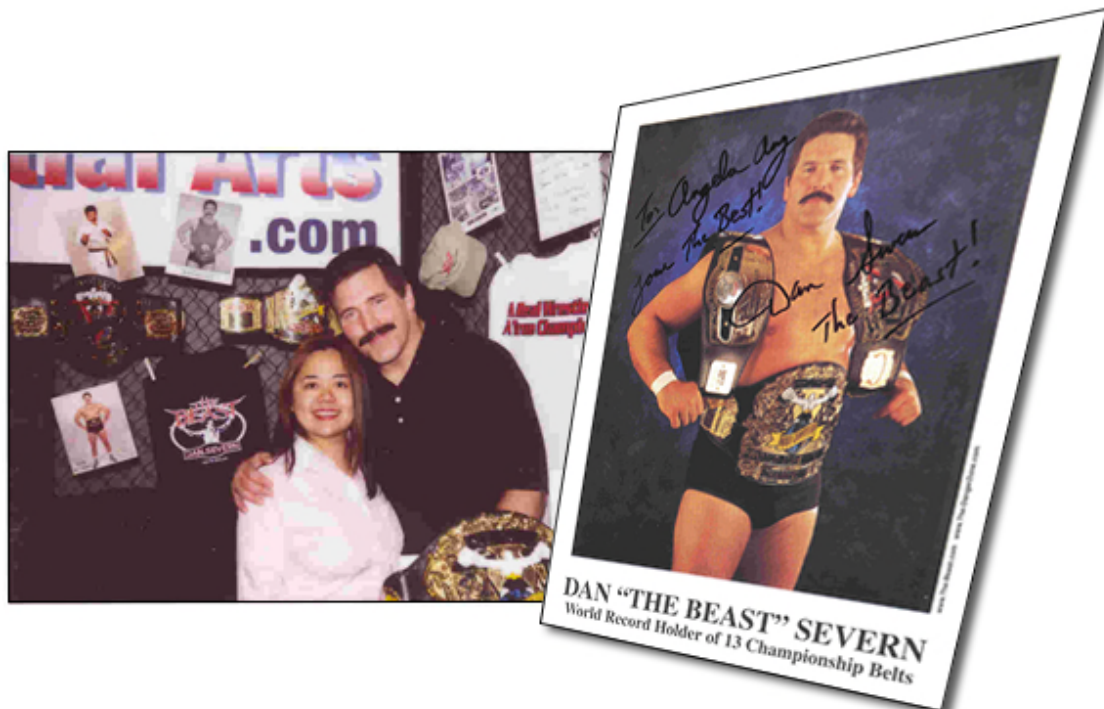
What I concentrate on is what my Masters taught me to do - checking that you get results! After that you can call me traditional, practical, whatever you want so long as it's not late for dinner! All I care about in my teaching is that you get the inner essence of classical Feng Shui in a way that you can use. Feng Shui is only as good as the results it gets so I don't try and impress you with flowery talk of *Five Ghosts Carrying Treasures* or *Water Dragon* formulas. I give you things that the average everyday person at home can use to make their life better now.

I Have Read Books and They Don't Explain Feng Shui Like This!

I am not surprised, if you don't know something in detail or have enough experience they won't be able to explain it like this. You have got to be dedicated and have the right background to know it at the level that I am at. This is a subject I know well and am passionate about. When you do meet me in person at any one of the many major exhibitions and festivals where I am guest speaker, you will see for yourself.



Me with Hollywood Kung Fu actress, Cynthia Rothrock, hanging out at the Seni Combat Sports Show



Me with 13 times World UFC Ultimate Fighting Champion Dan Severn - he even wrote what he thought of me on his card!

Also I like to cut the crap and just tell it like it is, Chinese style! Read my bio from my homepage at www.rising-dragon.co.uk if you want to find out more about me or check out my events calendar to meet up - the shows are great fun!

In Conclusion

We've just seen how Feng Shui isn't a question of choice; it's a science that affects each and every one of us. If a person can stare logic in the face and call it wrong then I know that their Feng Shui has caused serious disruption in their brain patterns. I see people like that all the time, so it's nothing new – it's like a drunk arguing with a policeman. The copper's just saying that the law is the law, but because the drunk isn't thinking clearly anymore, he assumes that the laws of the world should only affect him when it works in his favour. I'm sure glad I don't have to work with those 'Feng Shui drunks', aren't you?

What Feng Shui being a science that affects all of us really means to you is that being aware of Feng Shui is not a want, it is a must. It's just like dealing with the tax man; your own preference is not taken into consideration! You can bury your head in the ground and hope that you have enough money to pay yourself after you've paid him, or you can learn the rules of the game and use them in your favour.

Summary

Ok, how are you now? Feeling better? You have learnt a lot today!

With that, you have almost concluded this starter course and what a lot you have learnt! If you have absorbed this material, then you are phenomenal because most people's brains go into spasm halfway through and they give up. That is how they deal with life, instead of finding real answers which take effort they will just be a complete loser and give up because it's the losers way out. Most people lack focus and concentration and only want 5 minute answers and that's why their life is a mess. Real answers and solutions are going to take more than 5 minutes to explain. If they want lies about immediate results in less than 5 minutes they can go to other websites for that, not here. If you have really assimilated this short demo course, I can assure you that you will be able to explain to anyone what Feng Shui is and how Feng Shui works, in a better way than someone who calls themselves a consultant. Very few people can explain what Feng Shui is well.

If there is one thing I hope you realise about me is that I like to give away more than what people expect. I do this during my consultations and when I am teaching my courses. That is how my brain works. When I teach I want the real understanding to come out so that when you are using Feng Shui to audit your own home or your Mom's home, or a clients house you will have a solid understanding first of how these natural energies work on people, and second you will be able to stand tall and explain to anyone how Feng Shui really impacts our daily lives.

Shall we do a quick recap?

Q1: Fill in the blanks to complete the sentence

Feng Shui means the _____ and _____ of energies in the environment on us

Q2: Who is affected by Feng Shui?

- ☐ Chinese people
- ☐ People who believe in Feng Shui
- ☐ Everyone
- ☐ Consultants

You, me and everybody, all living things in fact, are influenced by the environment in which they live.

Q3: When does this affect us?

- ☐ Every moment of everyday – it's happening to you right here, right now!
- ☐ When you finish this course
- ☐ When you choose to let it affect you
- ☐ Only after dinner

Feng Shui is all around us all the time!

Q4: How does Feng Shui affect us?

- ☐ By making us feel uncomfortable
- ☐ Because the balance of Wind and Water isn't right
- ☐ According to what we believe will happen
- ☐ By altering the electrical impulses that create our mental states and our physical states

Feng Shui gets right in to the very core of your being and either boost your system or drags it down depending on your circumstance. It does this by altering the electrical impulses that create our mental states and our physical states.

Q5: Do we have a choice in this?

☐ Yes

☐ No

Feng Shui is not a belief so we have no choice as to whether it affects us. However we do have a choice as to how we respond to this information. Let's look at those choices.

The first choice is what I like to call Russian roulette. You can simply take this information on board and leave it at that. When you choose a home or a business premises you can continue to leave things to chance and hope that everything works out. Hoping is like having sex with no protection and no condoms. Oh I hope I don't get pregnant! Oh I hope I don't get any disease! He seems like such a nice guy! How could he get me pregnant when I don't want to be? How could he be carrying diseases? How could that beautiful home have the potential to leave you divorced, depressed and stuck in a rut? We all know the dangers of taking just a shallow view on such big decisions. I think everyone these days knows someone who has taken the jellyfish approach to life. You know what I mean by the jellyfish approach don't you? The jellyfish approach is where you simply allow the waves and currents of life to drag you around, while all the time you hope that you're going to get washed up on some beautiful sunny beach. I'm not saying that it can't happen, but what are your chances of getting your desired outcome right now? We are all going somewhere in life. Where will you be two years from now? How can you tell some current isn't going to come into your life and sweep you off course? Or are you already off course?

We are all going somewhere, even if you don't think you are actively going anywhere, you will arrive in 5 years time... only where?

That's why I want to expose you to the other option which is active participation. Knowing about Feng Shui enables us to take control of our everyday lives. It allows us to understand why things are happening and it enables us to fill our lives with the kind of happiness and joy that we've always wanted. Learning Feng Shui really is one of the most empowering moves that I ever made in my life, and I know it can be for you too. My principal master, His Holiness Grandmaster Sheng-yen Lu is in fact a great Buddhist master who has transcended the want for worldly desires like fame, fortune and glory. He shaves his head and leads a simple life, with his only possessions being those needed to stay alive and to practice his meditation. Yet he himself is famous for his Feng Shui skills and taught these to his disciples. Why? Because all our lives are going somewhere.

All the seeds we planted in the past are giving rise to fruit today. This constant chain of cause and effect is the way of the universe. Through meditation we can unlock the key to spiritual realisation, and by using Feng Shui we can unlock the key to worldly achievement.

If we don't have to worry about money, if our bodies can always be healthy and strong, filled with positive energy and if our minds and hearts are filled with such clarity and peace that we will be able to solve any challenge that enters our life, then how much easier will it be for us to live an enhanced quality of life? We could finally realise our higher path in life and the true nature of the mind. Grandmaster Sheng-yen Lu taught freely from his heart because he saw the suffering in the world and wanted people to be free from it. And that's the place of love that I'm coming from in telling you. Feng Shui is there to help you on life's journey so that you can achieve an extra-ordinary life. You don't have to put up with mediocre living, singledom, no lucky breaks, if that is not what you want in your life. You can change your life. I believe that each one of us has gifts we bring to this world, to make it a better place. What a waste it is when we see people with such potential but it never comes out and they die with regret. My aim is to help bring out the best in people...

Summary

Wow! You know what? I am impressed! You must be serious about making changes in your life to have gone through this entire course.

I guess you are not like most people who just want to moan and don't do anything to find answers... they are so fearful and so afraid to lose, they think like "Hey, I know what I will do to protect myself so that I will never ever lose, I will be cynical, negative and never try anything different!!!" with that type of attitude, they are guaranteed to be the first to lose and continue losing. People like you want to be winners. So congratulations for having taken the first step.

It's been really great being able to share with you just a little of what I've learned over the years and I am sure, one day we will meet. This course has been designed to open your mind to what is possible. Everybody is capable of having the same emotions, happiness, joy, fulfilment, misery, stuck in a rut.... what comes out will depend on what trigger is being pulled. What is being turned on or off? Is your good luck button turned on or off? Are you in alignment? Do you have a vertebra out of alignment?

In my foundation course, an Introduction to Classical Feng Shui, I'll be sharing with you powerful ways of diagnosing your current state and altering your Feng Shui so that it pushes you towards where you want to be. There are three sessions within it, each longer and more interactive than this entire course, which will show you how to utilise the energy field of your house to maximise your potential. We cover the theory in detail, look at the history and learn about the different styles of Feng Shui before proceeding into an in depth analysis of how to apply Feng Shui for yourself. And I'm as crazy as ever in that too! I also have another module which deals specifically with Feng Shui in the Bedroom and all that affects from aging through to sex drive. If you want to practice Feng Shui, I'd recommend that you start with either of these two courses. I'd love for you to join me, and the many students I have from around the world, in taking your life to the next level through Feng Shui.

Feng Shui Essentials

I really hope that I've been able to infect you with a dose of my passion for this subject, a study so deep and profound it literally shapes the direction of your life. What I've learned through my years of study, through talking to thousands of people and seeing so many cases professionally is that the human spirit is the most indescribably wonderful thing. Inside everyone is so much hope, so much joy and so much love.

Each and everyone of us has a blessing that we uniquely carry to share with the world. It's taken me much personal effort to study and to practice what I've been sharing with you today, but patience is worth more than gold. Nowadays I'm in the privileged position to help people through those insights and to use my unique talents to benefit society. Smile! You have got the key, use it to unlock the gifts within you and bring more happiness to yourself and those around you!

See you again soon!

Angela

About the Author

Angela Ang has dedicated herself to providing the essential resources of caring, educating and inspiring, as well as providing specific insights to help people immediately transform the quality of their lives. Her unique expounding of the Four Life Influences™, has seen her build an impressive reputation for personal and professional change. She co-founded Rising Dragon Feng Shui in the year 2000 having run an independent professional Feng Shui consultancy prior. Through Rising Dragon Feng Shui she now serves clients and students around the world and consults in person across three continents.



People from all walks of life - from the most humble to the movers and shakers of the world - have called upon Angela Ang to secure their continued success and make them the best they can possibly be. They've included lawyers, accountants, politicians, doctors, managers and business owners. Ms. Ang's eldest client to date has been 72 and her youngest just 22 and she has assisted with problems including financial entrapment, strange and conventionally untreatable illnesses, depression and repetitive relationship collapse. She has audited a range of businesses from the National Exhibition Centre (NEC) Birmingham to financial institutions and has been featured on BBC, Sky and Channel 4.

Angela was born in Malaysia, but her family's origins can be traced back through Taiwan and into China with the Fujian people. These Hokkien speaking Chinese are famous for their preservation of the Classical Chinese Arts and many of the world's greatest Masters, like Grandmaster Lu and Grandmaster Yap are Hokkien speakers. Legendary Shaolin Kung Fu Master, Master Ang Lian Huat is one of Angela's ancestors.

You can find out more about Angela and Rising Dragon Feng Shui by visiting www.rising-dragon.co.uk.

Other Courses You May Enjoy

Feng Shui Essentials

Let's say you knew something which you knew would change people's lives for the better. Wouldn't you speak up about it? I do!

Feng Shui is such an amazing art, sometimes it seems inconceivable. As a Feng Shui Consultant I've been able to directly observe Feng Shui in action in hundreds of situations. Many times people were unaware that they were subject to negative influences until they had already suffered much.

It's made me realise there is a need to educate people about what Feng Shui is, what types of occurrences or patterns to look out for and to tell them at what point it is necessary to take action. To this end, I devised this course for the betterment of Feng Shui. I'm very pleased to say that the response was far greater than I ever anticipated. Several thousand students have completed the course already and given glowing feedback. It comes from putting you in an empowered situation where you're in touch with yourself and the facts - all you need to make a life improving decision! To me, as I'm sure it is to all those looking for change right now, that's priceless.

Formats available:

- ☒ Interactive Online Course
- ☒ Adobe e-Book

Introduction to Classical Feng Shui

Do you want to know Feng Shui that is specific to you?

Do you want to know the best place to start using Feng Shui for yourself and your family?

Do you want to learn the fundamentals of Traditional Chinese Feng Shui?

Do you want to learn some formulas so that you can start using Feng Shui in your own house?

If you are new to Feng Shui or have studied Feng Shui from books and want to take your knowledge to a deeper, more serious level, then this course has been made for you. Many people get confused after reading books because the information is contradictory or unclear. Any confusion you have can be cleared up after this course. Packed with practical and useful information, pictures, puzzles, stories and formulas you can immediately use, Introduction to classical Feng Shui is the ideal place to start learning how to use Feng Shui in your life. Made with interactive multi-media technology which means you will be tested on your knowledge, you will know whether or not you have understood all that has been taught.

This course is an excellent all rounder to give you background and practical ready to use Feng Shui knowledge so that you can be using and experiencing Feng Shui in action in your own life immediately. Created by Angela Ang in her “tell it like it is” fashion, you will be entertained as you learn and you will remember what you need to know to get you started in a fun and easy way.

Your house is your home and your home is your castle. Your castle can be a place which is a fortress protecting you from negative forces outside and nurturing you on the inside, bringing you luck and bringing you towards your goals. If it isn't, then here are some tools to make it that way.

Learn in explicit detail what each compass direction means to you and your family, does it mean your love life will flourish, or repeated relationship failure? Is it a lucky house for wealth or a house of woes?

You will learn the fundamentals of traditional Feng Shui step by step in an easy to understand and fun way! Some of what you will learn:

- ☒ What are the Four Influences of our lives

- ☑ How do Feng Shui objects work?
- ☑ See proof of how Chi in the body can defy science
- ☑ How to Feng Shui your own house using compass school of Feng Shui
- ☑ What directions are worst for your career and business
- ☑ What directions are best for health and relationships
- ☑ How Five Ghosts directions can ruin your life explained in detail
- ☑ What you must know about the Feng Shui of your kitchen
- ☑ How to use Feng Shui for happy relationships
- ☑ Who falls into the exceptions to calculations of Ba Chai (Eight Mansions) Formula
- ☑ What impact your ancestor's burial site can have on your life

Did you know that the longer you have stayed in your house the more you will be influenced by the energy field within it good or bad? Oh yes, it's true! The longer you have lived in your house, the more influence it will have upon you. How this happens and what you can do about it will be explained in the course. Once you have completed the course, you will have enough knowledge to start doing your own research and see for yourself how Feng Shui has affected you, your friends and your family. Finally, no more reading and wondering what it all means – you can just try it for yourself instead!

What people like most about this course is Angela's "tell it like it is" style of teaching. She will get into the details of what has happened to people in real life with good and bad Feng Shui. Once you have taken one of her courses, you will want to take them all! It's that good! She will boldly ask and answer questions in detail that no one else will. The juiciest Feng Shui Course around!

Formats available:

- ☑ Interactive Online Course (includes bonus material)
- ☑ Adobe e-Book

How to Feng Shui your Bedroom

Do you want more energy without the hard work?

Do you want to look younger than what you are?

Would you like to wake up everyday feeling refreshed?

Then you need to know about the Feng Shui of your bedroom! There is a major correlation between all these things and it can make you feel happier and improve your life!

The bedroom where you sleep every night is one of the most important rooms in your house. It is a known fact that you spend one third of your life sleeping in your bed and spend even more time in your bedroom. The quality of your sleep will determine how good is your health, your energy levels, your moods and your progress in life.

How many people do you know feel moody and irritable because they haven't slept well? Is it happening to you? Isn't it so awful waking up everyday feeling tired with dark circles under the eyes and not having the energy to do what you want to do? Well, it can finally stop.

If having a good night's sleep and waking up refreshed everyday is important to you, then this course is what you are looking for! I will be generously sharing my research and explaining in easy to understand way:

- ☒ How to cure your own sleep problems
- ☒ How to slow down the aging process and look younger and more vibrant
- ☒ How to have the best bed positions so you sleep in vibrant energy
- ☒ How to avoid bed positions that deplete your energy
- ☒ Which innocent looking furnishing in your room is the one that can activate 3rd party involvement in your relationship
- ☒ Furnishings in your bedroom that can destroy peaceful sleep
- ☒ The correlation between your bedroom, good sleep and a good sex life

- ☑ Why turning out the lights just isn't enough
- ☑ Top 3 things you need to have good sleep in your bedroom
- ☑ The real truth about TVs and mirrors in the bedroom
- ☑ Avoiding coffin beds
- ☑ Things that encourage arguments and loss of relationships in the bedroom.
- ☑ Top 3 "must not haves" in your bedroom

If you are sick of suffering from too many restless nights where you are always tossing and turning with difficulty getting to sleep, waking up groggy in the morning feeling tired, looking old and feeling even older then I have got answers for you!

Your bedroom is your inner retreat and as you inner retreat, where you rest your mind, unwind and relax to go to sleep, there are a number of considerations that must be in place so that you can re-charge yourself for the next day.

In How to Feng Shui your Bedroom, you will learn methods of slowing down the aging process and look younger than other people in your age group. Once you know how to stop aging the natural way, you won't need to spend hundreds of pounds on anti-aging drugs, creams or plastic surgery! It really works!

Formats available:

- ☑ Interactive Online Course
- ☑ Adobe e-Book

Understanding Tai Sui

Ever heard people using the phrase, “The world is against me!!” You are right, because in certain years the world is against you, that’s why you gotta know what to do and when it’s gonna happen.

If hindsight is 20/20 then what about having foresight? How would you like to do your own predictions for yourself and your friends and your family on whether they will have a good year or a bad year? Even better, how would you like to know what cures are available so that you can minimize, prevent or even avoid it altogether?

Foresight is useful in planning what to do when we are out of alignment with the Universe’s energies leading us to:

- Loss of employment
- Financial difficulty; money just seems to go or get wasted
- Feelings of unease and inner frustration
- Accidents, including those which cause loss of blood, car crashes and so forth
- Relationship difficulties even divorce

The aim of learning about Tai Sui is to avoid all those things from happening. If it cannot be avoided, then at the very least you can minimize it and use these predictions to avoid starting a business during a bad luck year.

It’s during the year when our energies are out of sync that you end up doing really stupid things, but then at the time you think it is such a great idea. Clash years are usually quite bad years for getting married. Not many people like telling you this because it’s like telling a friend they have got bad breath or broccoli stuck on their teeth before going to an important meeting. So it is better that you self diagnose and find out for yourself. That way, you will know how to lay low during your bad luck, out of sync with the Universe times and avoid business ventures, gambling, taking risky activities like bungee jumping and things like that.

The course is filled with a lot of celebrity stories and examples to prove the point that you don’t have to believe in it for it to work. From people like Pamela Anderson, Kurt Cobain, Jimi Hendrix, Anastasia the singer, Jim Morrison from The Doors, and more! Once you have taken this course, you will gain knowledge that will give you accurate predictions for you, your friends and family for the rest of your life so this is truly a worthwhile investment. If you are already an astrologer, then this branch of knowledge will certainly add to your knowledge base for fortune telling.

Use it to find out if your boyfriend is in bad luck, whether it is a good time to start a business, marriage, if your potential business partner is in bad luck.

A lot of people want to know when to lay low and when to strike and start their new business idea, or venture. By knowing what the timing is for you, you can evaluate whether what you are doing in your life is right or not for you.

If you are a mother and have children, it will also help you to understand what your child is going through and what you can do to help them. Without understanding what our partner, children and close ones are going through, they feel alienated. With understanding what is happening, you can be a much more helpful person and they will love you for it. Perhaps this is why fortune tellers are always so popular and have so many friends because they always can help by forecasting the future, give good cures and good advice and understanding.

A lot of people who already know about Tai Sui clash have used it to make their relationships stronger. How? Well, you will have to take the course to find out!

Formats available:

- ☒ Interactive Online Course

The History of Chinese Coins

This is a fairly short class in which we'll look at the development of Chinese Coins and how the history of the Chinese people is so tied up with the coins we use as Feng Shui cures. From money made of seashells through to "Knife Money" and finally to the Five Auspicious Dynasties, we'll take a fast overview of one of the world's greatest cultures.

Most importantly, I'll be addressing key questions like just what is it that makes things like this work? Is it just magic? Superstition? Or is there a rational explanation? I even give you a quick self-test that'll let you know whether a coin cure will boost your own personal fortune.

Formats Available:

☒ Interactive Online Course

Directory of Online Resources

The Rising Dragon Network offers you the latest news, events, educational products and resources and much more.

UK Feng Shui – <http://www.rising-dragon.co.uk>

USA Feng Shui – <http://www.rising-dragon.com>

Canada Feng Shui – <http://www.rising-dragon.ca>

Feng Shui Store – <http://rising-dragon.co.uk/catalog>

Nam Yang Pugilistic Association – <http://www.namyang.co.uk> (Information on Shaolin Kung Fu, Chi Gung, Dragon and Lion Dancing)

Rising Dragon Enterprises Corporate Information – <http://www.rising-dragon-enterprises.com>

Coming soon! Due for release mid 2005:

The Change Agent: learn to live with passion, love with joy and find easy routes to happiness using the complete Four Influences™

<http://www.thechangeagent.net>

Feng Shui Essentials is the insight driven approach to understanding how your environment shapes your life and reveals it's mechanics in modern terms. Find out why students around the world praise this module!

Students have said:

I have studied with Grandmaster Yap Cheng Hai and Susan Chow and I always enjoy visiting your website and learning more. Thank you for your commitment to disseminating traditional Feng Shui information. I share the same values as you when I teach my students and always recommend your website when I speak to audiences here in the United States. Warmest regards

A. Leon, USA

*Dear Angela,
Thank you so much! There are very few people in your position who would take the time to make a course like this available! I really enjoyed it and feel that I finally understand the basis of Feng Shui. Kind regards,*

S. Friedman, South Africa

Finally, a teacher who makes sense! I have always gotten confused with the theories because the people I get to talk to always enjoy putting mystery in it so much that you can't understand the principles.

C. Gonzales, Philippines

Your course gave me real courage to make a change in my life. I have been stuck in the rut for a while and I had realised that I need to change my life. At home there are a lot of negative energies affecting me and I have already tried to do something to change but it's hard to do this on my own. Your words gave me courage because I have always believed that energies around us affect us a lot and I believe all you said is true in everyday life.

C. Cassar, Malta

Learn Feng Shui with a passion! Study Feng Shui Essentials with Angela Ang!

www.rising-dragon.co.uk

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